

# CWP Curriculum Overview

reception

year 1

year 2

year 3

year 4

year 5

year 6

Additional

## Reception Family and Friendship

Lesson 1: **Caring Friendships**  
Lesson 2: **Being Kind**  
Lesson 3: **Families**

## Year 1 Growing and Caring For Ourselves

Lesson 1: **Different Friends**  
Lesson 2: **Growing & Changing**  
Lesson 3: **Families & Care**

## Year 2 Differences

Lesson 1: **Differences**  
Lesson 2: **Male & Female Animals**  
Lesson 3: **Naming Body Parts**

## Year 3 Valuing Difference and Keeping Safe

Lesson 1: **Body Differences**  
Lesson 2: **Personal Space**  
Lesson 3: **Help and Support**

## Year 4 Growing Up

Lesson 1: **Changes**  
Lesson 2: **What is Puberty?**  
Lesson 3: **Healthy Relationships**

## Year 5 Puberty

Lesson 1: **Talking about Puberty**  
Lesson 2: **The Reproductive System**  
Lesson 3: **Help and Support**

## Year 6 Puberty, Relationships & Reproduction

Lesson 1: **Puberty & Reproduction**  
Lesson 2: **Communication in Relationships**  
Lesson 3: **Families, Conception & Pregnancy**  
Lesson 4: **Online Relationships**

# RECEPTION

- ~ To recognise the importance of friendship.
- ~ To recognise the importance of saying sorry and forgiveness.
- ~ To recognise that all families are different.

# YEAR ONE

- ~ To understand that we are all different but can still be friends.
- ~ To discuss how children grow and change.
- ~ To explore different types of families.
- ~ To identify who can help us when we feel unhappy or unsafe.

# YEAR TWO

~ To introduce the concept of gender stereotypes.

~ To identify the differences between males and females (babies).

~ To explore some of the differences between males and females and to understand how this is part of the lifecycle.

~ To name body parts.

# YEAR THREE

- ~ To identify that people are unique and respect those differences.
- ~ To explore the differences between male and female bodies.
- ~ To consider appropriate and inappropriate physical contact and consent.
- ~ To explore different types of families and who to go to for help and support.

# YEAR FOUR

~ To explore the human lifecycle.

~ To identify some basic facts about puberty.

~ To explore how puberty is linked to reproduction.

~ To explore respect in a range of relationships.

~ To discuss the characteristics of healthy relationships.

# YEAR FIVE

~ To explore the emotional and physical changes occurring in puberty.

~ To understand male and female puberty changes in more detail.

~ To explore the impact of puberty on the body and the importance of physical hygiene.

~ To explore ways to get support during puberty.

# YEAR SIX

- ~ To consider puberty and reproduction.
- ~ To explore the importance of communication and respect in relationships.
- ~ To consider different ways people might start a family.
- ~ To explore positive and negative ways of communicating in a relationship.