

# CITY OF LONDON PRIMARY ACADEMY ISLINGTON

## Curriculum Map for Physical Education

| GYMNASTICS | DANCE   | ATHLETICS                                    | GAMES |
|------------|---|--|-------|
| INDOOR     |   | OUTDOOR                                      |       |
| YEAR ONE   |   |  |       |
| Autumn 1   | Streamers, Conkers, Playing With a Ball         | Focus on Ball Skills and Games               |       |
| Autumn 2   | Fog and Sunshine, Washing Day, Handa's Surprise | Throwing and Catching, Aiming Games          |       |
| Spring 1   | The Rainbow Fish, We're Going on a Bear Hunt    | Bat/Ball Skills and Games, Skipping          |       |
| Spring 2   | Flight: Bouncing, Jumping and Landing           | Developing Partnerwork                       |       |
| Summer 1   | Rocking and Rolling                             | Athletics Unit 1                             |       |
| Summer 2   | Wide, Narrow, Curled                            | Athletic Unit 2                              |       |
| YEAR TWO   |   |  |       |
| Autumn 1   | The Cat, Balloons, Reach for the Stars          | Throwing and Catching, Inventing Games       |       |
| Autumn 2   | Friends, Bubbles, Shadows                       | Making up Games, Aiming, Hitting and Kicking |       |
| Spring 1   | Words and Word Messages                         | Dribbling, Kicking and Hitting               |       |
| Spring 2   | Parts High and Parts Low                        | Group Games and Inventing Rules              |       |
| Summer 1   | Pathways, Straight, Zig-Zag and Curving         | Athletics Unit 1                             |       |
| Summer 2   | Turning, Spinning, Twisting                     | Athletic Unit 2                              |       |
| YEAR THREE |   |  |       |
| Autumn 1   | English Country Dance, Tudor Dance              | Net/Court/Wall Games                         |       |
| Autumn 2   | The Explorers, The Hornpipe                     | Ball Skills: Invasion Focus                  |       |
| Spring 1   | Who Am I? The Language of Dance                 | Striking and Fielding Games                  |       |
| Spring 2   | Stretching, Curling and Arching                 | Creative Games Making                        |       |
| Summer 1   | Symmetry and Asymmetry                          | Athletics Unit 1                             |       |
| Summer 2   | Pathways, Travelling with a change              | Athletics Unit 2                             |       |
| YEAR FOUR  |   |  |       |
| Autumn 1   | English Country Dance, Tudor Dance              | Net/Court/Wall Games                         |       |
| Autumn 2   | Balance   | Problem Solving and Inventing Games          |       |
| Spring 1   | These Shoes are Made for Walking                | Striking and Fielding Games                  |       |
| Spring 2   | Receiving Body Weight                           | Athletics Unit 1                             |       |
| Summer 1   | Rolling   | Athletic Unit 2                              |       |
| Summer 2   | Wimbledon, Musical Statues                      | Swimming                                     |       |
| YEAR FIVE  |   |  |       |
| Autumn 1   | English Country Dance, Tudor Dance              | Net/Court/Wall Games                         |       |
| Autumn 2   | City Life, Pleased to See You                   | Invasion and Target, Ball Handling Games     |       |
| Spring 1   | Rubbish   | Striking and Fielding Games                  |       |
| Spring 2   | Bridges   | Invasion Games (Implement and Kicking)       |       |
| Summer 1   | Flight  | Athletics Unit 1                             |       |
| Summer 2   | Functional Use of the Limbs                     | Athletics Unit 2                             |       |
| YEAR SIX   |   |  |       |
| Autumn 1   | English Country Dance, Tudor Dance              | Net/Court/Wall Games                         |       |
| Autumn 2   | The Rainforest, Hunting in Unknown Territory    | Invasion Games: Hockey and Soccer            |       |
| Spring 1   | Theseus and the Minotaur, Cat's Cradle          | Striking and Fielding Games                  |       |
| Spring 2   | Matching, Mirroring and Contrasting             | Invasion Games: Ball Handling                |       |
| Summer 1   | Synchronisation and Canon                       | Athletics Unit 1                             |       |
| Summer 2   | Holes and Barriers                              | Athletics Unit 2                             |       |